

Freeburg Community High School District 77
Dual Participation
Rules and Regulations
(Approved July 20, 2017)

Freeburg Community High School believes that Extracurricular activities are a privilege. Student Athletes are held to a very high standard. Athletes are expected to know and follow all of the rules of the Extracurricular Code of Conduct and always represent FCCHS in a positive sportsmanlike manner.

Beginning in the Fall of 2017, FCCHS will permit students to participate in two sports in the same season. The following are the guidelines:

- Prior to the start of a season, a student interested in dual participation must notify the Head Coaches of each sport the student's intention to be a dual participant. At this point, the student will also need to designate which sport is their primary sport. Once designated and an agreement has been signed, the student can not change their primary sport decision.
- Both Head Coaches must approve the dual participation. If a Head Coach does not approve the dual participation, the student must choose only one of the sports or a different sport for dual participation.
- If the Head coaches approve the dual participation in their sport for a student, then the Head Coaches must meet and agree on the expectations for the student in their respective sports. A signed contract, specifying how conflicts will be resolved, must be developed and signed by the student, both Head Coaches and the student's parents/guardian.
 - It is recommended that Coaches use the following examples for their contracts:
 - Students are expected to attend all practices and games for both sports unless there are conflicts.
 - If there are conflicting games, then the student participates in their primary game.
 - If there is a conflict between a game and a practice, the student participates in the game.
 - It is both Head Coach's responsibility to minimize practice conflicts.
- If a student signs a contract to participate in dual sports and quits one of the sports, they are automatically removed from both sports.
- Dual participants who become academically ineligible will not be permitted to participate in either sport for the time they are ineligible.
- Student with multiple weeks of ineligibility will be required to meet with the AD/Administration to determine their future as a dual participant.